

Curriculum Vitae

Dr Syed Harun is Consultant Psychiatrist and Medical Director of The Starfish Clinic of Psychiatry & Mental Wellness.

He read MBBS at Yong Loo Lin School of Medicine and attained Specialist Accreditation as a Psychiatrist in 2019. He is a Fellow of Academy of Medicine, Singapore where he is a Council Member of the College of Psychiatrists, and a member of the Sections of Forensic Psychiatry and Addictions Psychiatry. He holds international memberships with the American Academy of Psychiatry and the Law (AAPL), American Psychiatric Association (APA) and Royal College of Psychiatrists, United Kingdom.



He was formerly a Consultant Psychiatrist at the Singapore Armed Forces, a Visiting Consultant Psychiatrist at the Departments of General Psychiatry, Addictions Psychiatry & Forensic Psychiatry at the Institute of Mental Health, and an adjunct lecturer and clinical tutor with the Lee Kong Chian School of Medicine. He has clinical interests in Forensic Psychiatry, Military Psychiatry, Healthcare Ethics and Community Mental Health. He is a member of the Singapore Mental Well-Being Network; a national network that serves to improve community and peer support through broader citizen-based interventions, and to strengthen mental health literacy, wayfinding of resources and de-stigmatisation in mental health. He is also a member of the Health Promotion Board's Mental Wellbeing Resource Panel.

He has held voluntary appointments in statutory boards and committees across several government ministries, including the Ministry of Community, Culture & Youth (MCCY), Ministry of Digital Development & Information (MDDI) and Ministry of Social & Family Development (MSF) and Ministry of Home Affairs (MHA). He was formerly a Council Member of the Islamic Religious Council of Singapore (MUIS) and is a member of the 18th National Youth Council. He was Vice-Chairperson of Review Committee (Welfare Homes) under the Ministry of Social and Family Development and Vice Chairperson of the Films' Consultative Panel under the Infocomm Media Development Authority. He is a member of the SCDF Medical Advisory Committee to advise on emergency medical protocols for first responders.

He has held key leadership appointments in both charity and medical sectors, including as President of Lembaga Biasiswa Kenangan Maulud (an IPC charity that awards bursaries and scholarships to students-in-need), as Honorary Secretary of the Singapore Psychiatric Association and as Honorary Secretary of Muslim Healthcare Professionals' Association.

He enjoys mentoring and working with youth in his free time. In 2019, he was nominated for the Singapore Youth Award, the nation state's highest accolade for under-35s and was one of fifteen finalists for the award, and received a Special Commendation for the *Most Inspiring Story*. He was named as National Council of Social Services 40-under-40, a youth leadership platform for promising leaders in the Social Services sector in 2019, and named ASEAN Youth Fellow in 2023.